

sanctuary ethiopia summer 2010

Dates

July 1-July 16, 2010

Approximate Cost

\$3,500-\$3,800 per person

Application Deadline

Sunday, February 28

Applicant Interviews (tentative)

Saturday & Sunday, March 6 & 7

Please return a completed application with a \$300 deposit* to:

Missions Department

c/o MPPC

950 Santa Cruz Ave.

Menlo Park, CA 94025

*A \$300 deposit payable to MPPC **must** be submitted with the completed application. This fee becomes non-refundable when you are accepted on the team.

NOTICE: Team members will be expected to attend **all** team meetings prior to departure (approximately 7 meetings). Tentative dates for those meetings include the following, and will be confirmed upon application:

March 14, 28; April 18, 25; May 2, 16, 23; June 6, 13 and 27

For More Information Contact

Becky Ankerberg / bankerberg@mppc.org

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Recommended Vaccinations & Preventive Medications

The following vaccines may be recommended for your travel to East Africa. Discuss your travel plans and personal health with a health-care provider to determine which vaccines you will need.

Hepatitis A - or immune globulin (IG). Transmission of hepatitis A virus can occur through direct person-to-person contact; through exposure to contaminated water, ice, or shellfish harvested in contaminated water; or from fruits, vegetables, or other foods that are eaten uncooked and that were contaminated during harvesting or subsequent handling.

Hepatitis B - especially if you might be exposed to blood or body fluids (for example, health-care workers), have sexual contact with the local population, or be exposed through medical treatment. Hepatitis B vaccine is now recommended for all infants and for children ages 11–12 years who did not receive the series as infants.

Malaria - your risk of malaria may be high in all countries in East Africa, including cities. See your health care provider for a prescription anti-malarial drug.

Meningococcal (meningitis) - if you plan to visit countries in this region that experience epidemics of meningococcal disease during December through June.

Rabies - pre-exposure vaccination, if you might have extensive unprotected outdoor exposure in rural areas, such as might occur during camping, hiking, or bicycling, or engaging in certain occupational activities.

Typhoid - vaccine. Typhoid fever can be contracted through contaminated drinking water or food, or by eating food or drinking beverages that have been handled by a person who is infected. Large outbreaks are most often related to fecal contamination of water supplies or foods sold by street vendors

Yellow Fever - a viral disease that occurs primarily in sub-Saharan Africa and tropical South America, is transmitted to humans through the bite of infected mosquitoes. The virus is also present in Panama and Trinidad and Tobago. Yellow fever vaccination is recommended for travelers to endemic areas and may be required to cross certain international borders. Vaccination should be given 10 days before travel and at 10 year intervals if there is on-going risk.

As needed - booster doses for tetanus-diphtheria, measles, and a one-time dose of polio vaccine for adults.

Required Vaccinations

A certificate of yellow fever vaccination may be required for entry into certain countries in East Africa. For detailed information, see Yellow Fever Vaccine Requirements and Information on Malaria Risk and Prophylaxis, by Country. **Source:** <http://www.cdc.gov/travel/>